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"Goodwill Day Message" (Master Kumar's B'Day)

- Master K.Parvathi Kumar

Greetings to all

Before we take birth (come out of mother's womb), we make many promises and take decisions associated with repentance at the feet of the Lord, that we will not repeat the wrong deeds that we have done in our past lives. But as we come out of mother's womb we forget all this.

So for us to recollect our promises every year, the occasion of B'day should be used. Why did we take birth and what is the purpose of present life? Without any purpose, we do not take birth. The reason may be to clear our past debts or to experience the fruits our past virtuous or sinful deeds. We experience happiness due to our virtuous deeds and sadness due to our sinful deeds.

Sin is nothing but the debt that we owe to others. Debt need not be just in terms of money. It may be some work or service. Sins bind us strongly. Also we need to collect the debts that others owe to us. So these two processes are the basic purposes of taking birth. It is an act of balancing.

So to achieve that balance, we have to just perform our responsibilities without desiring anything out of it. Such a one is not affected by his past deeds (good or bad). This is what Yoga teaches us. If one goes on performing his responsibilities without desiring anything, then slowly he falls out of the cycle of karma and there is no need to take birth to fulfill karma. Then one takes birth only when needed to perform divine actions.

Just perform your responsibilities towards your parents, children, friends, relatives and society. Desiring anything (good or bad) other than the divine binds us. Only then we come out of this duality.

So this is what one has to think on one's B'day. B'Day need not mean just one particular day in a year. We are born everyday and so this thought process can be done everyday for a few minutes as "What we have to do to lead a better life?" If we are oriented in that direction, then our responsibilities come to us and we can attend to them. In attending to our duties, we can stay aligned with the divine which is in us in the form of light. See that divine light in everything and everyone around us.

If we lead a life like that, in alignment with the divine, slowly we start floating on the sea of life instead of sinking in it. The one who is drowning in water cannot see anything but the one if floating can see and experience everything. All the prayers and rituals that we do are for that purpose of staying afloat in life.

So everyday we have to get up early and spend some time in thinking of what we have to do to lead a better life. The divine gives us the strength to move forward in that direction. The one who always works attending to his responsibilities need not worry about his life, if it will be good or bad in future.

For all this to happen, the most important thing one should have is will. Desire is nothing but the image of will. If we go after the image of desire, the will falls off. If the desires are minimized, then will is strengthened. So all of us should try to develop that '**will**'.

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